

One Day Course SCISSOR LIFT SAFETY TRAINING



FR Resources Group PLT, COID no: **LLP0004151LGN**, HRDC Course No: **10001716573**

Course Introduction

This course shall provide the participants with the necessary knowledge and skills required for safe operating of scissor lifts in various industries. The main objective is to ensure safe operations in place and adherence to the guidelines in preventing accidents. By end of the training, the participants should be able to:

- 1) State the importance of Scissor Lift safety.
- 2) Able to operate Scissor Lift safely and perform Daily Scissor Lift inspections.
- 3) Wear the necessary PPE appropriate to the task, worksite and environment.
- 4) Wear Harness correctly.
- 5) Understand specific precautions for preventing trips and falls, tip-overs, catapulting, electrocution and injuries.

Target Participants

Manager, Safety Officers, OSH Coordinators, Scissor Lift Operators

Methodology

Slides Presentation, Video Presentation, Demonstration and Case Study

Duration

1 Days (7 Hours).

FR RESOURCES GROUP (COID: LLP0004151LGN. Ia Training Provider Registered with



One Day Course

SCISSOR LIFT SAFETY TRAINING

Modules for One Day Programme (9am to 5pm)

Module 1: Introduction to Scissor Lift Safe Operations (Theory)

Training requirement as per OSHA 1994 (2022)

Types of scissor lifts

Vehicle components

Lift components

Scissor lifts Hazard

Scissor lifts capacity

Scissor lifts Centre of Gravity & Load Chart

Accidents related to scissor lifts

Module 2: Safety Procedures Before Use (Theory and Practical)

Why inspections are important

Performing a Pre and Post Use Inspection / Daily Checklists

What to do if the equipment fails inspection

Surveying the area

Understand the required PPE appropriate to the task, worksite and environment.

Understand on how to Wear Harness correctly

Module 3: Safety Procedures During Use (Theory and Practical)

Preventing trips, falls and catapulting

Using fall protection and fall restraint

Preventing tip-overs

Preventing electrocution and contact injuries

Operate the Scissors Lift safely

Emergency Controls

Module 4: Safety Procedures After Use (Practical)

Securing components

Securing access

Checking manufacturer guidelines

Shutdown Precautionary Steps



One Day Course

SCISSOR LIFT SAFETY TRAINING

Tentative Program for 1 Day Course

Number of participants will be based on HRDC guidelines

DATE	TIME	ACTIVITIES	ACTION BY
DAY 1	8.55 AM - 9.00 AM	Arrival / Registration	<i>Admin and Trainees</i>
	9.00 AM - 9.15 AM	Introduction & Module 1	<i>Trainer</i>
	9.15 AM - 10.15 AM	Module 1	<i>Trainer</i>
	10.15 AM - 10.30 AM	Morning Tea Break	
	10.30 AM - 12.00 PM	Module 2	<i>Trainer</i>
	12.00 PM - 1.00 PM	Module 2	<i>Trainer</i>
	1.00 PM - 2.00 PM	Lunch Break	
	2.00 PM - 3.00 PM	Module 3	<i>Trainer</i>
	3.00 PM - 4.00 PM	Module 3	<i>Trainer</i>
	4.00 PM - 4.15 PM	Afternoon Tea Break	
	4.15 PM - 5.00 PM	Module 4 & Assessment	<i>Trainer</i>

One Day Course

SCISSOR LIFT SAFETY TRAINING

MR. KAMARUL ANUAR BIN ISNAWAN

Mr. Kamarul Anuar Bin Isnawan is a highly distinguished and a Certified Trainer with more than 33 years of continuous service in Fire Safety, Rescue, and BOMBA training. His expertise is rooted in his ongoing career. Currently he is still serving with the Fire and Rescue Department of Malaysia (Jabatan Bomba Dan Penyelamat, Malaysia)



Core Expertise and Certification

Mr. Kamarul Anuar is highly proficient in Firefighting and Occupational Safety and Health (OSH) and holds three important certifications:

- 1) Malaysian Skills Diploma (Level 4) In Implementation Of Occupational Safety and Health Operations.
- 2) Certified Train The Trainer (TTT) under the National Competency Standard Malaysia, demonstrating his skill in knowledge transfer.
- 3) Malaysian Skills Certificate (Level 3) in Fire, Rescue and HAZMAT Operations.

His professional roles includes serving as a Station Training Officer a Fire Cause Investigation Officer (Pegawai Siasatan Punca Kebakaran), and a Team Supervisor (Penyelia Pasukan).

Mr Khairul Anuar's Key Training Activities

With a proven capability to provide firefighting training to the public, Kamarul is an active safety educator whose activities includes :

- a) Consultation on Emergency Response Plan (ERP), Organizing Emergency Response Team (ERT) / OKK training for government and private sectors.
- b) Conducting monthly training for Volunteer Fire Fighter (PBS).
- c) Delivering fire safety training and briefings to institutions, companies, and local communities.
- d) Serving as an invited speaker at government and private institutions.

This profile establishes Kamarul Anuar Bin Isnawan as a well respected, possess vast experiences and a qualified trainer. He is ready to deliver high-impact ERP, ERT, Safety, Work at Height, HAZMAT and Emergency Response education based on his key competencies.

Other Trainers

Safety Officers, Certified Trainers from Jabatan Bomba dan Penyelamat Malaysia, and Certified Trainers from Persatuan Bomba Sukarela Saujana Utama.

Fees & Registration

Course Fees - Public Training (1 Day Course)

RM 580.00 per participant (Venue at UNISEL, Shah Alam. Selangor)

The fees includes Food and Refreshment, Training Materials, Training Certificate valid for 3 (Three) Years. The fees are Claimable under HRDCorp Skim Bantuan Latihan Khas (**SBL-Khas**).

Course Fees - In House Training (1 Day Course)

RM 5,800.00 for a group of 10 to 30 participants (Area: Selangor)

The fees includes the Trainer and Assistants, Training Materials and Certificate valid for 3 (Three) Years. The fees are Claimable under HRDCorp Skim Bantuan Latihan Khas (**SBL-Khas**).

Registration

Please Call us at 03-6038.58.38 or 017-406-5551 or Email the Registration Form below to :

admin@penyediaatihan.com

REGISTRATION FORM

Dear Mr. Eddy, please register as per below :

Subject : Scissor Lift Safety Training

Requested Date :

Company Name :

Company Address :

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HR Contact Person :

HR Contact Number : Email

FR RESOURCES GROUP (COID: LLP0004151LGN. Ia Training Provider Registered with



PUBLIC TRAINING PROGRAM

Fees : All the below fees inclusive of Certificates, Notes Meals, etc.

OSH Coordinator Course (3 Days)

RM 795 per participant (UNISEL, Shah Alam)

Click for VTT



[Click here to Request Quotation](#)

Forklift Skills, Safety & Maintenance (1 Day)

RM 430 per participant (UNISEL, Shah Alam)



[Click here to Request Module & Quotation](#)

First Aid, CPR & AED Training (1 Day)

RM 430 per participant (UNISEL, Shah Alam)



[Click here to Request Module & Quotation](#)

ERP, ERT / Fire Fighting (1 Day)

RM 480 per participant (UNISEL, Shah Alam)



[Click here to Request Module & Quotation](#)

Safety and Health Committee Training (1 Day)

RM 430 per participant (UNISEL, Shah Alam)



[Click here to Request Module & Quotation](#)

HIRARC & OSHA (Amendment) Act 2022 (2 Days)

RM 860 per participant (UNISEL, Shah Alam)



[Click here to Request Module & Quotation](#)

Professional Certificate

Forklift Train The Trainer (3 Days)

RM 3,798 per participant (UNISEL, Shah Alam)



[Click here to Request Module & Quotation](#)

Professional Certificate

Reach Truck Train The Trainer (3 Days)

RM 3,798 per participant (UNISEL, Shah Alam)



[Click here to Request Module & Quotation](#)

Contact Eddy / Suhaimi : 03-6038.58.58, 013.512.7777, 017-406.5551

Training Collaboration



Popular HRDCorp Claimable Courses

IN-HOUSE TRAINING PROGRAM

(Venue: at your own premise)

Fees : All the fees below inclusive of Notes, Certificates etc. for companies in Peninsular Malaysia.

OSH Coordinator Course (3 Days)

RM 12,800 for 20 to 30 Staffs (at your premise)

Click for VTT



[Click here to Request Module & Quotation](#)

Forklift Skills, Safety & Maintenance (1 Day)

RM 4,300 for 30 participants (at your premise)



[Click here to Request Module & Quotation](#)

First Aid, CPR & AED Training (1 Day)

RM 4,300 for 30 participants (at your premise)



[Click here to Request Module & Quotation](#)

ERP, ERT / Fire Fighting (1 Day)

RM 4,800 for 30 participants (at your premise)



[Click here to Request Module & Quotation](#)

Overhead Travelling Crane (1 Day)

RM 4,300 for 30 participants (at your premise)



[Click here to Request Module & Quotation](#)

Ergonomic & Manual Handling in Workplace (1 Day)

RM 4,300 for 30 participants (at your premise)

[Click here to Request Module & Quotation](#)

Safety and Health Committee Training (1 Day)

RM 4,300 for 30 participants (at your premise)



[Click here to Request Module & Quotation](#)

HIRARC & OSHA (Amendment) Act 2022 (2 Days)

RM 8,600 for 30 participants (at your premise)



[Click here to Request Module & Quotation](#)

Contact Eddy / Suhaimi : 03-6038.58.58, 013.512.7777, 017.406.5551

Email: admin@penyedia latihan.com